



## Homework

### Year 3

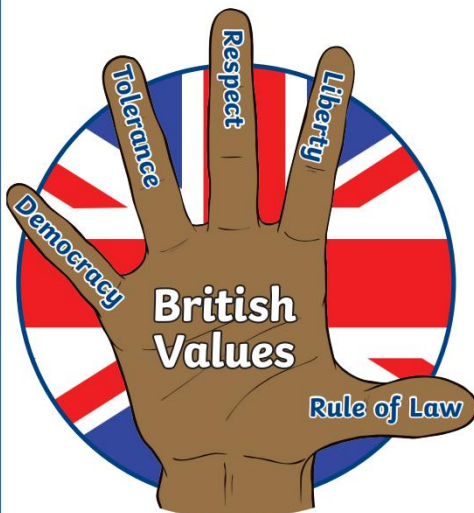
Friday 6th September - Please complete and return work completed in your homework book on Tuesday.

Dear Parents,

Please see below for homework this week.

#### Reading

Please remember to read with your child **daily** and support them with understanding through comprehension of the text and not just decoding. Please sign and date the reading record. If you have any comments you wish to write about your child's reading please do so.



**Subject of the Week:** This week the focus has been getting to know you and our British Values. Please can you design a poster to show how you are showing and upholding our British Values.

#### Mindful Minutes

Mindfulness can help us to feel calm, relaxed and content. It is all about paying attention to the present moment. It can help us to settle our busy minds and racing thoughts – especially when we are feeling stressed, worried or anxious. Choose an activity to do mindfully. For example, colour a picture, eat a snack, look out of the window or go for a walk with a trusted adult. Write or draw how you are going to spend your Mindful Minute and be prepared to share with the class.

#### Reminders

- Reading Records to be in every day. They will be changed on Monday.
- PE Kits

Thank you for your continued support.

Ms Rowntree