

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Ball Skills : Unit 1	Gymnastics : Unit 1	Games : Unit 1	Dance : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Ball Skills : Unit 2	Gymnastics : Unit 2	Games : Unit 2	Dance : Unit 2
Year 1 <i>Year 1</i>	Ball Skills Gymnastics	Fundamentals Gymnastics	Sending and Receiving Dance	Invasion Games Yoga	Striking and Fielding Games Target Games	Athletics Net and Wall Games
Year 2 <i>Year 2</i>	Ball Skills Gymnastics	Fundamentals Gymnastics	Sending and Receiving Dance	Invasion Games Yoga	Striking and Fielding Games Target Games	Athletics Net and Wall Games
Year 3 <i>Year 3</i>	Gymnastics Gaelic Football Ball Skills Y3/4	Fitness Gymnastics	Tennis Dodgeball	Hockey Cricket	Swimming Yoga	Swimming Dance
Year 4 <i>Year 4</i>	Gymnastics Gaelic Football Tennis	Netball Gymnastics	Swimming Dodgeball	Swimming Basketball	Athletics Yoga	Rounders Dance
Year 5 <i>Year 5</i>	Swimming Gaelic Football Football	Netball Dodgeball	Basketball Gymnastics	Tennis Gymnastics	Yoga Cricket	Athletics Dance
Year 6 <i>Year 6</i>	Gaelic Football Basketball Volleyball Y5/6	Swimming Rugby	Tennis Gymnastics	Cricket Acrobatic Gymnastics	Yoga Athletics	Rounders Dance