

St. Joseph's Catholic Primary School

Nutrition Policy

September 2025



This policy should be read in light of our Mission Statement that states:

'At St. Joseph's, we live, love and learn by the example of Jesus'

Purpose

The aims of St. Joseph's School include pupils being guided to lead active and healthy lives. We believe that healthy children are best able to take full advantage of the educational opportunities that the school provides. The governing body will ensure that food provided in the school and advice given to pupils both promote a healthy lifestyle.

Who was consulted?

All staff and parents were consulted about this policy and its relevance to the contents of the schemes of work for PSHE, citizenship, food and nutrition, and science.

Relationship to other policies

Improving and sustaining good nutritional standards is included where appropriate in all curriculum policies, health and safety, and the home-school agreement.

Roles and responsibilities of headteacher, other staff, governors

The headteacher will ensure that:

- guidance is made available for staff based on the Nutritional Standards for School Lunches (England) Regulations 2000
- external providers of lunches conform to the Regulations
- children who are eligible for free school meals are encouraged to take them
- content, cost, and quality of provision are monitored
- special dietary needs of children and staff are catered for [*vegetarian, Halal, Kosher, etc.*].

All staff are expected to promote healthy eating in accordance with school guidance.

The Governing Body will:

- ensure that lunches meet with the standards prescribed in the Nutritional Standards for School Lunches (England) Regulations 2000, and where possible will sample lunches.

Arrangements for monitoring and evaluation

The governing body will receive termly reports from the head on the extent to which external providers conform to the Regulations in terms of content, cost, and provision, and the take-up by pupils eligible for free school meals. Surveys of pupils will be undertaken at regular intervals and reported to the governing body, to establish whether pupils are satisfied with the quality of meals offered.

The governing body will monitor and evaluate the school's arrangements for tuck shops and vending machines to ensure that high standards are maintained.

It will also seek to evaluate the impact on small and local suppliers, of the school's sourcing arrangements.

Date for review: September 2026