



# ST. JOSEPH'S WEEKLY NEWS.

## FRIDAY 20<sup>th</sup> JUNE 2025

Our School Values: Respect \* Self-belief \* Faith \* Friendship \* Resilience \* Self-control \* Perseverance \* Aspiration

Prayer of St Francis of Assisi

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love; where there is injury, pardon;  
where there is error, the truth; where there is doubt, the faith;  
where there is despair, hope; where there is darkness, light;  
and where there is sadness, joy.

O Divine Master, grant that I may not so much seek  
to be consoled, as to console; to be understood, as to understand;  
to be loved, as to love.

For it is in giving that we receive; it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life.

Amen.

*Thank you for your continued support.  
Have a lovely Weekend, Mrs Moseley*

### Healthy Eating Week

This week was Healthy Eating Week. We had key stage assemblies looking at how we can eat healthily and the benefits of doing so. We made healthy eating posters and decided what should be in a healthy lunchbox. On Wednesday we had a delicious fruit sale, which was thoroughly enjoyed by all! Have a healthy and happy long weekend everyone!

### Year 5 Science Morning at St Mary's Bishop Stortford

On Tuesday morning this week Year 5 took part in a Science workshop at St Mary's High School in Bishops Stortford. We were the first of the primary schools in our Academy to visit the Science labs and we were made very welcome. The class really enjoyed the experience and were keen to share their own knowledge with the staff at St Mary's.

During the morning, we were introduced to a variety of equipment including microscopes, light monitors and prisms so that we could investigate the reflection and refraction of light. Then we made slides containing a variety of different materials so that we could examine them closely under the microscopes. One of most fascinating materials we checked were our own strands of hair! Our final task involved chromatography where we separated the colours from different felt tips to see how they had been produced. We put dots of colour onto filter paper and put the tip of the paper in a beaker containing a little water. When the paper absorbed the water, we observed the colours from each dot running up the paper. We noticed that the dark colours like black, purple and brown contained a wider range of colour than lighter ones; for example, brown contained orange and green.

The workshop was a great success and a marvellous opportunity for the children to be introduced to the three Science strands they will be taught at secondary school.

### Reception Class Assembly

Today the school were treated to an exceptional assembly performance by Reception about being 'one of many in a diverse world. We spoke about the 'Windrush' and retold the real life story of 'Floella Benjamin' and her journey to England.

We celebrated the fact that we are so lucky to have so many different cultures in our school and speak so many different languages. Reception ended their assembly by singing their hearts out to 'One World'.

### Year 6 Residential Week – Update

Day 1 :The sun is shining and we are off to a hot and warm start to the week! They arrived in Kingswood around 1pm the children then had lunch altogether and then they were off to a busy afternoon. After settling into their rooms they have Jacob's ladder, a fantastic activity that is not for the faint hearted!.

Day 2: The children completed their 'high all aboard' task, after lunch they all went onto the 'scavenger hunt' and the 'nightline'

Day 3: The children were all prepped and ready for another hot day! A full day of activity ahead, volleyball, archery, and the leap of faith, which was an absolute highlight of the day! The day finished off with a traditional campfire, with many stories to share. So far Mrs Skelton, Miss Entwisle and Mrs Puntrello have said the children have had a fantastic time and are really enjoying themselves.

Full details of Year 6's exciting trip can be found on the school website under class news.

### ATTENDANCE AWARD

Year 1 99.4%

### HOUSE POINTS

John

### STARS OF THE WEEK

Nursery  
Malyk & Ellora

Reception  
Whole Class

Year 1  
Taylor & Mattyas

Year 2  
Rory & Stefania

Year 3  
Francesco & Jasmine

Year 4  
Ryan & David

Year 5  
Emanuel & Fire

Year 6  
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### WRITER OF THE WEEK

Year 1  
Leonor

Year 2  
Ava

Year 3  
Kore

Year 4  
Devid

Year 5  
Lena

Year 6  
-

## Windrush Celebration

As always, we have continued to celebrate and recognise the generation of 'Windrush' that contributed to our British society. The contributions of the Windrush generation to the UK can never be underestimated.

In 2018, Windrush Day was announced. It will be held on 22nd June each year to help highlight the rich legacy and contributions of the Windrush generation to the UK.

All classes had the opportunity to learn and take part in various activities relating to 'Windrush'. Full details can be found on the school website under class news.

## Aspiration Week - Reminder

This year's Aspirations week and take over day is fast approaching. Our Aspirations events are usually one of the most successful events at St Joseph's because it is our community and parents that really support and therefore inspire our children.

During the week commencing 23rd June 2025, the children will learn about various roles and careers.

We have high aspirations for all our children. This fantastic week enables us to deliver a range of events and opportunities throughout the school. The children will have an opportunity to think about their future aspirations and they have a chance to become this in school. For school based roles they could be: Headteacher, Caretaker, Priest, Teacher, Teaching Assistant, School Cook, Office Staff and more (obviously within school we are limited).

They will practice interviews and applications as well as speak out sessions, which is linked closely to our Oracy project.

**Children are invited to dress up as who /what they inspire to be on THURSDAY 26TH JUNE 2025.**

**Aspirations Day is on Friday 27th June 2025**

We welcome parents and family to share your many roles and experiences. It is the parental partnership that truly enriches the day. Over the past 12 years of this event, we have welcomed over a 150 parents, sharing roles as; DJ, Doctor, Nurse, CEO, Chef, Tube driver, Architect, bus driver, gardener, lawyer, barrister, shop keeper, navy cadets, cab driver and so many more, the list is endless. If you are available on Friday 27th June and would like to talk to the children (whole school or class) then please contact the office. You could share via a presentation or be more hands on in any way (this does depend on your job).

## SUMMER TERM 2

Week	Date-Week beginning	Monday	Tuesday	Wednesday	Thursday	Friday
1	2 <sup>nd</sup> June 2025	Forest School Week		Rec New Parent Meeting		Year 1 Class Assembly PTA Event
2	9 <sup>th</sup> June 2025	<b>Fitness Term</b> Sports Day		Maths Day	PTA Event 11am Year 3 Class Mass & Holy Communion Celebration	Year 2 Class Assembly Year 4 Sleep Over
3	16 <sup>th</sup> June 2025	Year 6 Residential Week Healthy Eating Week		Reception Class Assembly Nur New Parent Meeting	Windrush Celebrations	INSET Day School Closed
4	23 <sup>rd</sup> June 2025	Aspirations Week			Aspirations Dress Up Day Nursery Class Assembly	ORACY DAY PTA Non Uniform Day And Summer Fete 3-6pm
5	30 <sup>th</sup> June 2025	District Sports 2.00 – 5.00pm		School Event		CHEXS Charity Year 3 Class Assembly
6	7 <sup>th</sup> July 2025	DT Week	School Open Evening And Showcase Curriculum Sharing Celebration 6pm		Transition Day /Moving Up Day	<b>School Coffee Morning</b>
7	14 <sup>th</sup> July 2025		Year 6 Dress Rehearsal To School 10am Year 6 Production 6pm	Reports Out Books Home	Talent Show 10am - Parents Welcome Whole School Picnic Lea Valley 12-3pm	Year 6 Leavers Mass 11am Church School Finishes 1.30pm

## REMINDERS!

Healthy items for packed lunches.

Please remember your child should be wearing their house badge every day to school.

Additional badges can be purchased from the school office for 30p

Children are NOT to ride Bikes and Scooters whilst on school premises.

This is still happening and can cause accidents so parents please be mindful – if this continues then bikes and scooters will be banned!

Children are NOT to play on the Adventure Trail or in the access road outside the Royal Avenue gate, as this vehicular gate is in constant use.

Please be considerate to our neighbours when parking near the school site.

St Joseph's is a 'NUT-FREE' Zone!

## A HEALTHY PACKED LUNCH

### Suggestions for food to include in a healthy packed lunch

- **At least** one portion of fruit or vegetable every day.
- Meat, fish or other source of non-diary protein (e.g. lentils, beans, soya or hummus), every day
- Oily fish such as pilchards, salmon or tuna
- A starchy food such as bread, pasta, rice noodles, potatoes or other type of cereal every day.
- Dairy food such as milk, cheese, yoghurt, fromage frais or custard.
- Cereal bars rather than cakes or biscuits
- Seeds, crackers and cheese, vegetables or bread sticks with a dip

### Drinks

- No drinks are to be brought into school – water is provided.
- Water bottles are to be brought on school trips – NO other drink.

### FUN FRIDAY

Suggestions for food to include ON A FUN FRIDAY in a healthy packed lunch.

- Snacks such as crisps
- Chocolate coated biscuits or wafers **or**
- Small cake e.g. fairy cakes, cake bars, muffins **or**
- Small pudding pot e.g. chocolate mousse)

**Foods that should not be brought into school (These are foods that we have already asked not to be brought into school)**

- Confectionery such as chocolate bars.
- Sweets
- Nuts or nut products (although they can be healthy there is a very serious risk to other children with allergies).
- Fizzy drinks or any soft drinks.

# NUT FREE SCHOOL



# THANK YOU